



2022-2023
Middle School
Athletic Forms

Middle School Athletic Programs Provided

FALL

Sport	Levels
Football	JV/Varsity
Coed Soccer	JV/Varsity
Coed Cross Country	JV/Varsity
Cheer and Spirit Squads	JV/Varsity
Girls Basketball	JV/Varsity

WINTER

Sport	Schools
Boys Basketball	6/7/8
Girls Volleyball	6/7/8
Wrestling	JV/Varsity
Coed Swimming	Varsity
Cheer and Spirit Squads	JV/Varsity
Coed Chess	Varsity

SPRING

Sport	Schools
Boys Volleyball	JV/Varsity
Coed Track & Field	JV/Varsity
Coed Bowling	JV/Varsity
Coed Tennis	Varsity
Coed Golf	Varsity

*Some season scheduling may be modified due to COVID-19.



Class 4A Regional

Admission:

Adults & High School Students-
\$5.00

Senior Citizens & Students
Kindergarten-8th Grade- \$3.00

*All prices are set by the IESA

Middle School Gate Admission Fees

*Some admission may be limited due to COVID-19 Restrictions

Regular Season Games/Meets/Matches

- Adults \$3.00
- Seniors \$2.00
- Students \$1.00 with ID

Playoff Games/All City Meets/Matches

- Adults and HS Students \$4.00
- Seniors \$2.00
- Students K-8 \$1.00 with ID

IESA Events

Admission set by the IESA

Jamboree

- Adults \$4.00
- Students K-12 \$2.00
- Children under 4 free

Official's Fees

Cross Country:	\$60 Starter		
Football:	\$50 per game		
Soccer:	1 Game \$40	2 Games \$60	
Basketball:	\$30 per game		
Wrestling:	\$40 Dual Meet	\$60 Triangular Meet	
Swimming:	\$80 per Meet		
Volleyball:	1 Game \$25	2 Games \$50	3 Games \$75
Track:	\$100 Starter	\$75 Clerk	\$75 Field Event
	\$150 Timer		



Co-curricular Eligibility

Co-curricular activities include all athletic and non-athletic activities sponsored by the Board of Education in the middle schools and high schools. Student participation in these activities is encouraged provided students first meet certain academic requirements.

Eligibility:

In order to participate in co-curricular activities, students must meet the following requirements:

1. All students in grades seven (7) through twelve (12) participating in co-curricular activities must have received a passing grade in a minimum of five (5) full credit courses the previous semester.* This does include summer school, night school, vocational classes, Rock Valley classes, and other accredited courses if available. Meaning these additional courses may be used to meet the eligibility requirements. Continued participation will require a student to be passing (5) full credit courses on a weekly basis, with no unexcused classroom absences. Continued participation will require a student carrying one (1) failing grade to attend mandatory tutoring on a weekly basis.
2. All students in grade six (6) must be passing five (5) full credit courses, with no unexcused absences on a weekly basis, in order to maintain eligibility. Continued participation will require a student carrying one (1) failing grade to attend mandatory tutoring on a weekly basis.
3. All students in grade nine (9) are automatically deemed eligible to participate in co-curricular activities the first semester of their 9th grade year. However, once the weekly eligibility program begins, the 9th grade student must pass a minimum of five (5) full credit courses on a weekly basis, with no unexcused classroom absences. Continued participation will require a student carrying one (1) failing grade to attend mandatory tutoring on a weekly basis.
4. For students receiving services under the IDEA or Section 504 of the Rehabilitation Act of 1973, their IEP or 504 plans will be reviewed for proper implementation prior to determining ineligibility.

Ineligibility Period:

In accordance with I.H.S.A. policy, the ineligibility period for failing to pass five (5) weekly classes will begin the following calendar week, Sunday – Saturday. For example, the grade report shows a student is not passing five (5) courses on Thursday, this student is ineligible to compete the following Sunday-Saturday. The student may continue to compete for the remainder of the week they become ineligible. While ineligible, students may continue to practice with their team but may not dress for any co-curricular activity, scrimmage, exhibition match, etc.

Mandatory Lunch Tutorial for Ineligible Students:

Ineligible students in grades nine (9) through twelve (12) must attend four (4) tutoring sessions during the week of ineligibility. If a student fails to attend four (4) tutoring sessions during the week of ineligibility, that student remains ineligible the following week even if the student may be passing five (5) classes.

Ineligible students in grades six (6) through eight (8) must attend three (3) tutoring sessions during the week of ineligibility. If a student fails to attend three (3) tutoring sessions during the week of ineligibility, that student remains ineligible the following week even if the student may be passing five (5) classes.

Mandatory Lunch Tutorial for Eligible Students with one (1) F:

Students in grades nine (9) through twelve (12) who are passing five (5) classes and carrying a failing grade in a sixth (6th) class must attend four (4) tutoring sessions during the following week. If a student carrying one (1) F fails to attend four (4) tutoring sessions during the required week of tutoring, that student becomes ineligible the following week even if the student may be passing five (5) classes.

Students in grades six (6) through eight (8) who are passing five (5) classes and carrying a failing grade in a sixth (6th) class must attend three (3) tutoring sessions during the following week. If a student carrying one (1) F fails to attend three (3) tutoring sessions during the required week of tutoring, that student becomes ineligible the following week even if the student may be passing five (5) classes.

Practice:

Ineligible students may continue to practice with their team throughout the week they are ineligible.

Eligible students carrying one (1) F may continue to practice with their team throughout the week they are in tutoring.

LEGAL REF.: 105ILCS 5/10-20.30

CROSS REF.: 4.170, 6.190, 7.30

Adopted: August 28, 2001

Revised: May 14, 2002

June 27, 2006

July 19, 2011

*A full credit course is defined as a course for which a student receives 1.0 credits.

Parental Permission Form/Agreement

School: _____ Activity: _____

Student Name: _____

As the parent/guardian of a District 205 student choosing to participate in co-curricular activities, I agree to encourage and support my son/daughter and his/her school/activity by:

- Attending parent meetings as requested by the school/coach
- Lending support to the school's/activity's Booster Club
- Ensuring that my son/daughter follows all State/District/School Code of Conduct and Discipline Codes at all times
- Interacting with classroom teachers, counselors, and school administration on a regular basis to monitor the academic success/progress of my son/daughter
- Demonstrating good sportsmanship at all times:
 - A. Toward coaches
 - B. Toward contest officials
 - C. Toward visiting and home team players
 - D. Toward school personnel
- Submitting all fees and forms as required for participation
- Following the established method to address program/individual concerns by making the initial contact for a scheduled consultation at the lowest level:
 - A. Assistant Coach
 - B. Head Coach
 - C. Site Athletic Director
 - D. Building Principal
 - E. District Athletic Director
 - F. Superintendent
- Attending contests in which my son/daughter will be involved as often as possible
- Ensuring my son/daughter has the necessary transportation to/from practices and contests

As a parent/guardian, I understand that my direct involvement and support is necessary in order for this to be a valuable experience for my son/daughter. My signature below indicates that I agree to the above terms of this agreement.

Parent/Guardian Name _____

(please print)

Address: _____ Home Phone: _____

_____ Work Phone: _____

(signature)

(date)

ROCKFORD PUBLIC SCHOOLS DISTRICT #205 PROGRAMS

PARENTAL CONSENT, LIABILITY WAIVER, AND GENERAL RELEASE

I, _____, (Parent/Guardian of Student), hereby give my consent for _____ (Student), to participate in school-based athletic activities. Such participation may include intra-team scrimmages and activities consistent with Illinois High School Association (“IHSA”), Illinois Elementary School Association, and Illinois Department of Public Health guidelines.

I, _____, (Parent/Guardian of Student), and _____ (Student), forever release, indemnify and hold harmless the Board of Education of Rockford Public Schools, District #205, Boone-Winnebago Counties (the “District”), and each of its employees, representatives, agents, successors and assigns (collectively, the “Released Parties”) from and against any and all liability for any and all past, present and future claims, causes of action, demands, rights, damages (both compensatory and punitive) of whatever kind or nature whatsoever (including but not limited to any and all claims based on personal tort, contract or any other theory of recovery) which I or anyone claiming through or under me, now has or which may hereafter accrue, on account of or in any way arising out of any and all known and unknown, foreseen and unforeseen personal injuries or other damages of whatever kind resulting from Parent and/or Student’s participation in voluntary District programs. I acknowledge that, for the purposes of this Liability Waiver and General Release, the voluntary District programs include, but are not limited to, any activities regulated by the IHSA.

I acknowledge that this Liability Waiver and General Release inures to the benefit of the Released Parties, and shall be in full force and binding upon me and my heirs, agents, representatives, executors, successors and assigns.

In the event that any court finds any provision of this document unenforceable, I expressly agree that all remaining provisions of this document will not be rendered void and will remain in full force and effect.

THIS IS A GENERAL RELEASE. READ CAREFULLY BEFORE SIGNING.

EXECUTED this _____ day of _____, 20____.

STUDENT:

Name: _____

PARENT/GUARDIAN:

Name: _____

WITNESS:

Name: _____

Code of Conduct/Sportsmanship
For Participants, Parents/Guardians,
Spectators

All regulations to interface with Board Policies 7.240, 7.300 and 7.320 and their subsequent Regulations and Exhibits, and the District Discipline Code

(Board Policies may be viewed in their entirety on the District website: www.rps205.com)

- **Code of Conduct to be distributed to students participating in extracurricular activities on an annual basis.**
- **Student and Parent/Guardian Signature form(s) to be retained on file at the school.**

This Code of Conduct applies to all school-sponsored activities that are neither part of an academic class nor otherwise carry credit or a grade. Sponsors shall create a roster of students who are members or participants in an extracurricular activity and maintain attendance records.

The goal of the extracurricular program is to provide opportunities for students to pursue interests and develop life skills beyond the classroom. An additional goal of the athletic program is to develop the physical skills of student athletes, which will allow them to compete to the best of their ability within the School Board policies and the by-laws of any association of which the school is a member.

Members must conduct themselves at all times, including after school and on days school is not in session, as good citizens and exemplars of their school - they must behave in ways that are consistent with good sportsmanship, leadership, and appropriate moral conduct. They are expected to demonstrate good citizenship and exemplary conduct in the classroom, in the community, and during all facets of the activity.

The Code of Conduct below describes the expectations and goals of the extracurricular and athletic programs. This Code does not contain a complete list of inappropriate behaviors for students in extracurricular activities and athletics. This Code of Conduct will be enforced 365 days a year, 24 hours a day. A student may be excluded from activities or competition while the school is conducting an investigation regarding that student's conduct.

Students and their parents/guardians are encouraged to seek assistance from the student assistance program regarding alcohol or other drug problems. Family-referrals or self-referrals will be taken into consideration in determining consequences for Code of Conduct violations.

II. REGULATION:

Code of Conduct

A student participating in an activity or athletic program will be subject to disciplinary action if he or she violates this Code of Conduct for Extracurricular Activities. Violations will be treated cumulatively, with disciplinary penalties increasing with subsequent violations.

The student shall not:

1. Violate the District's policies or procedures on student discipline as outlined in the 2016/17 student code of conduct.
2. Use a beverage containing alcohol (except for religious purposes)
3. Use tobacco in any form
4. Use, possess, buy, sell, barter, or distribute any illegal substance or paraphernalia
5. Use, possess, buy, sell, barter, or distribute any object that is or could be considered a weapon or any item that is a "look alike" weapon. This prohibition does not prohibit legal use of weapons in cooking courses, such as knives, and in sports, such as archery, martial arts, target shooting, hunting, and skeet
6. Attend a party or other gathering and/or ride in a vehicle where alcoholic beverages and/or controlled substances are being consumed by minors

7. Act in an unsportsmanlike manner
8. Vandalize or steal
9. Haze/Bully (Cyber bully) other students
10. Violate the written rules for the activity or sport
11. Behave in a manner that is detrimental to the good of the group or school
12. Be insubordinate or disrespectful toward the activity's sponsors or team's coaching staff
13. Falsify any information contained on any permit or permission form required by the activity or sport.
14. Behave in a manner that involves, but is not limited to, slapping, pushing, fighting or trash talking. This includes trash talking on social media/online sites.

Due Process Procedures

Students who are accused of violating the Code of Conduct for Extracurricular Activities are entitled to the following due process:

1. The student should be advised of the disciplinary infraction with which he or she is being charged.
2. The student shall be entitled to a hearing before an appropriate administrator.
3. The student will be able to respond to any charges leveled against him or her.
4. The student may provide any additional information he or she wishes for the administrator to consider.
5. The administrator, with the help of other staff members if needed, may interview material witnesses or others with evidence concerning the case.
6. If the administrator finds, after reviewing the evidence, that the violation occurred, he or she will impose sanctions on the student, as follows:
 - a. Sanctions for violations other than drug and alcohol will be based on the nature of the offense and the number of offenses, and may include suspension from all activities or sports:
 - A specified period of time or percentage of events, competitions, or practices
 - The remainder of the season or for the next season
 - The remainder of the student's high school career
 - b. Sanctions for alcohol and other drug violations will be based on the following:

First violation:

- Use, possession, buying, selling, bartering, or distributing: A suspension of one third of the total number of performances, activities, or competitions or the remainder of the season, whichever is shorter. This penalty will be reduced if the student successfully completes a school-approved chemical awareness program with any expense(s) for such program to be incurred by the family.
- Attendance at a party or riding in a vehicle where alcoholic beverages and/or controlled substances are being consumed: A suspension of one sixth of the total number of performances, activities or competitions, or the remainder of the season, whichever is shorter. If the current season ends before the full suspension has been served, the remaining portion of the suspension will be applied the next season the student is involved in an extracurricular activity.
- The student will be required to practice with the group, regardless of the violation (unless suspended or expelled from school).

Second violation:

- Use, possession, buying, selling, bartering, or distributing: A suspension of 12 weeks or 1 season, including suspension from all performances, activities, or competitions during this period. To participate again in any activities, the student must successfully participate in and complete a school-approved alcohol and other drug abuse assessment and follow all recommendations from that assessment with any expense(s) for such program to be incurred by the family.
- Attendance at a party or riding in a vehicle where alcoholic beverages and/or controlled substances are being consumed: A suspension of one third of the season and all extracurricular group performances, activities, or competitions during this period. If the current season ends before the full suspension has been served, the remaining portion of the suspension will be applied the next season the student is involved in an

extracurricular activity.

- The student may be required to practice with the group (unless suspended or expelled from school).

Third violation:

- Use, possession, buying, selling, bartering, or distributing: A suspension from extracurricular activities for the remainder of the student's high school career.
- Attendance at a party or riding in a vehicle where alcoholic beverages and/or controlled substances are being consumed: A suspension of one calendar year from the date of the suspension, including all extracurricular activities during this period.

7. The administrator will make a written report of his or her decision and rationale. The student may appeal the decision to the Building Principal. All students remain subject to the School Board's student discipline policy and/or the school's student handbook and the disciplinary measures listed in them.

Additional Information:

- If a student self reports his/her 1st offense involvement of a rule infraction prior to the infraction being known by a school administrator, after review by the building administration, the consequences may be waived for a 1st offense. This option may be used only one time during a student's attendance in middle school and only once during a student's attendance in high school.
- If a student is reported by the police/sheriff department as having been involved in any infraction of any of the above listed rules (or any other criminal activity), the building principal will conduct a follow up investigation and the appropriate consequences will result.

Rockford Public Schools

Student Code of Conduct

In order for a student to be eligible for participation on a district-sponsored athletic team, the student and parent/guardian must have signed the Rockford Public Schools Student Code of Conduct. This signed form will be retained on file for the duration of the student's enrollment at the school. Forms are handed out to students during school registration at the start of each school year. For more information on the Code of Conduct and penalties related to violation of the Code of Conduct, refer to the Rockford Public Schools website. <https://nashold.rps205.com/parents/handbooks>



Authorization for Medical Treatment

To be submitted to the Superintendent. (please print)

_____ Student	_____ Sport/Activity
_____ Parent/Guardian	_____ Home phone
_____ Home address	_____ Cell phone
_____ Physician	_____ Physician phone

Medical information: *(list allergies, medications, conditions and any known restricts)*

In the event of a medical emergency and if reasonable attempts to contact me using the telephone numbers listed above are unsuccessful:

I, as parent or legal guardian of the above student, do hereby authorize:

1. Treatment by a licensed medical physician of my child/ward in the event of a medical emergency that, in the opinion of the attending physician, may endanger his/her life, cause disfigurement, physical impairment, or undue discomfort if delayed, and
2. Transfer of my child/ward to any hospital reasonably accessible at my expense.

_____ Parent/Guardian signature	_____ Date
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Sportsmanship Agreement Form

All coaches, athletes and parents/guardians involved in Rockford Public School athletics and activities are expected to adhere to the Sportsmanship Guidelines provided by the Illinois High School Association and its "Do What's Right" campaign. This includes representing the district, school and team in a positive manner and creating a positive experience for all involved.

The following is behavior expected of all coaches, athletes and parents/guardians.

- Represents their school and community well with positive interaction with opposing fans and players.
- Uses positive yells, chants, songs or gestures.
- Display modesty in victory and graciousness in Defeat
- Respect and acknowledge the integrity/judgment of officials.
- Exhibit positive behavior with opponents and fans before, during and after the contest.

More information on sportsmanship may be found at <http://ihsa.org/Resources/Sportsmanship.aspx>

Athlete Agreement

As a player, I understand that I must follow the above sportsmanship rules to stay in good standing with my team.

Athlete's Signature: _____

Date: _____

School: _____

Sport: _____

Parent/Guardian Agreement

As a parent/guardian of above athlete, I agree to abide by the above sportsmanship rules, recognizing it is important to follow these conduct standards for the benefit of all involved.

Parent/Guardian Signature: _____

Date: _____

District 205 Transportation Exclusion Form

In the event a parent(s)/guardian(s) are requested to transport athletes, they must be approved by the school's administration and shall be advised that they shall maintain liability coverage requirements of \$300,000 personal injury per accident and \$300,000 property damage insurance coverage. (District 205 Policy 4.110 – Adopted March 11, 1997). Proof of insurance coverage is required.

*Barring extenuating circumstances, the District 205 High Schools will provide district transportation for our student-athletes for athletic contests. We recognize that there may be times when it is more convenient for parents/guardians to transport their sons/daughters to or from an athletic event. This will be allowed ONLY if this form has been signed/dated by a student's parent or official guardian and is retained on file by a coach. **Please note that a parent/guardian signature on this form does not mandate that a coach must allow the parent/guardian to transport a student-athlete if district transportation is being provided. A coach may reserve the right to demand that ALL athletes in his/her program ride the district-provided transportation.***

Parents/Guardians agreeing to allow their sons/daughters to ride with another student's Parent/Guardian must give permission **in writing** to the coach, athletic director, or a building administrator.

At no time will students transporting other students be allowed!!!

I, _____, parent/guardian of _____
(PRINT parent/guardian name) (PRINT name of student)

have read the above and understand and agree to abide by all statements included above.

(parent/guardian signature)

(date)

Concussion Information

Concussion Information Sheet

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created 7/1/2011 Reviewed 4/24/2013

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
|---|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Amnesia |
| <input type="checkbox"/> “Pressure in head” | <input type="checkbox"/> “Don’t feel right” |
| <input type="checkbox"/> Nausea or vomiting | <input type="checkbox"/> Fatigue or low energy |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Sadness |
| <input type="checkbox"/> Balance problems or dizziness | <input type="checkbox"/> Nervousness or anxiety |
| <input type="checkbox"/> Blurred, double, or fuzzy vision | <input type="checkbox"/> Irritability |
| <input type="checkbox"/> Sensitivity to light or noise | <input type="checkbox"/> More emotional |
| <input type="checkbox"/> Feeling sluggish or slowed down | <input type="checkbox"/> Confusion |
| <input type="checkbox"/> Feeling foggy or groggy | <input type="checkbox"/> Concentration or memory problems (forgetting game plays) |
| <input type="checkbox"/> Drowsiness | <input type="checkbox"/> Repeating the same question/comment |
| <input type="checkbox"/> Change in sleep patterns | |

Signs observed by teammates, parents and coaches include:

- ☐ Appears dazed
- ☐ Vacant facial expression
- ☐ Confused about assignment
- ☐ Forgets plays
- ☐ Is unsure of game, score, or opponent
- ☐ Moves clumsily or displays incoordination
- ☐ Answers questions slowly
- ☐ Slurred speech
- ☐ Shows behavior or personality changes
- ☐ Can’t recall events prior to hit
- ☐ Can’t recall events after hit
- ☐ Seizures or convulsions
- ☐ Any change in typical behavior or personality
- ☐ Loses consciousness

Concussion Information Sheet

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created 7/1/2011 Reviewed 4/24/2013

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all IHSA member schools are required to follow this policy.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student-athlete Name Printed Student-athlete Signature Date

Parent or Legal Guardian Printed Parent or Legal Guardian Signature Date

Please refer to the Illinois High School Association for more facts and rules on concussions.

<http://ihsa.org/documents/sportsMedicine/current/Sports%20Medicine%20Consent%20and%20Acknowledgement.pdf>

Management of Head Injuries

PURPOSE

In order to provide the safest level of care for the student athlete, all head injuries shall be evaluated by the ATC. All student athletes and coaches will fully participate and facilitate this process.

POLICY

Sideline evaluations will be conducted using the SAC evaluation tool (Standardized Assessment of Concussion). The student athlete must score 100% on the evaluation and be symptom free to return to play.

Any student athlete who does not pass the SAC evaluation will be flagged for follow up. The concussion report form will be completed by the ATC as part of the evaluation. The ATC will provide information regarding the injured student athlete to the parent/guardian along with care instructions on head injuries (Head Injury Instruction Sheet) before leaving the student athlete.

During the recovery period, the student athlete must not be allowed to participate in any level of activity, including conditioning training.

When the student athlete is asymptomatic and is released by a physician (if medical referral was advised), he/she is allowed to perform conditioning and return to practice with no contact. If the student athlete experiences any return of symptoms, then he/she returns to the previous stage. After the student athlete tolerates a no contact participation without exacerbation of symptoms he/she may return to full participation.

The student athlete's status will be shared with the parent/guardian, the student athlete, the treating physician and the coaching staff. The ATC will be in communication with the treating physician, explaining sideline injury findings and concussion symptoms, thereby providing open communication on the student athlete's case. A normal CT or MRI of the brain does not indicate a clearance for return to play. CT/MRI results only indicate the presence of structural intra/extracranial abnormalities and not the degree of concussion. The treating physician must be aware of these facts before authorizing a return to play status.

RETURN TO PLAY CRITERIA

PURPOSE

To clearly define the parameters for return to play criteria.

POLICY

Decisions regarding the availability of a student athlete for practice or game competition require the cooperative efforts of the student athlete, coach, ATC, physician, parents/guardians, and athletic director. Decisions will be made based on sound medical judgment with the outcome being good athletic health care for the student athlete. The following guidelines will be used to determine player status:

1. If a student athlete is under the care of a physician, the physician shall determine the availability of the student athlete. Under **NO** circumstances shall the coach allow the student athlete to participate without specific direction from the sports medicine staff. The sports medicine staff will always follow a “no-play” decision by the physician. When the physician releases a student athlete for return to play status, the ATC must have clear directions regarding the use and parameters of orthotics, braces, corrective-assistive devices, strength values, as well as rehabilitation notes and test scores (if applicable). When a physician releases a student athlete the ATC still has the final decision regarding the athlete’s return to play status.
2. If the student athlete or coach disregards the decision, both the athletic director and the director for rehabilitation services will be notified. A parent/guardian may sign the **Release of Liability & Hold Harmless Agreement**, acknowledging the medical advice and allowing their child to participate.
3. If a physician is not treating the student athlete, the ATC shall make the final decision regarding return to play based on a sound evaluation and functional testing.



Agreement to Athletic Forms

I, _____, understand and agree to all terms and
(Parent and Student – please print)

**conditions stated in the Rockford Public Schools Athletic Forms. Failure to follow the
guidelines listed in the included forms may result in my termination from my school team.**

Student Signature

(Legal Guardian Signature)

(Date)